

Signposted itineraries

These routes are designed to reveal the richness of the natural and cultural heritage of different locations in the park and are usually adapted for families.

Routes marked with an asterisk (*) are circular routes that lead back to the starting point.

Linear routes may be done in both directions.

1 4 hrs A>B 14 km

GR 2 La Jonquera - Aiguafreda. Section 10. Seva - El Brull - Aiguafreda

Starting point: Seva Information Point.

2 3 hrs 30 min A>B 11.3 km

GR 5 Els Miradors trail Section 9. From Aiguafreda to the Pla de la Calma plain

Starting point: Aiguafreda Information Point.

3 3 hrs 13 min A>B 11.2 km

GR 5 Els Miradors trail. Section 9. From the Pla de la Calma plain to El Montseny

Starting point: El Montseny Information Centre

4 4 hrs 30 min A>B 17.5 km

GR 5 Els Miradors trail. Section 10. From El Montseny to Campins

Starting point: El Montseny Information Centre.

5 1 hrs A>B 4.1 km

GR 5.2 The peaks of El Montseny. From the Pla de la Calma plain to Collformic

Starting point: Collformic car park.

6 1 hr 30 min A>B 3.6 km

GR 5.2 The peaks of El Montseny. From Collformic to Matagalls

Starting point: Collformic car park.

7 1 hr A>B 4.1 km

GR 5.2 The peaks of El Montseny. Matagalls - Pregon hill - Sant Marçal

Starting point: Sant Marçal car park.

8 2 hrs 30 min A>B 7.2 km

GR 5.2 The peaks of El Montseny. Matagalls - Sant Marçal - Les Agudes - Turó de l'Home hill

Starting point: Sant Marçal car park.

9 1 hr 15 min A>B 4.4 km

GR 5.2 The peaks of El Montseny. Turó de l'Home hill - La Plana del Coll plain

Starting point: La Plana del Coll Recreational Area.

10 5 hrs A>B 17.6 km

GR 83 Camí del Nord o del Canigó path. From Riells to Arbúcies

Starting point: Sant Martí de Riells.

11 3 hrs 45 min A>B 11.7 km

PR-C 33 La Garriga trail. From La Garriga to Figaró.

Starting point: La Garriga Visitor Centre.

The distances of the itineraries have been calculated with the goolTracking platform and may vary significantly if other measuring systems are used. The duration of the tour is indicative.

GR: a long-distance trail of over 50 km, waymarked with white and red markings.

PR: a short-distance trail of between 10 and 50 km, waymarked with white and yellow markings.

SL: a local trail of less than 10 km, waymarked with white and green markings.

0 Itinerary

Low difficulty

Moderate difficulty

High difficulty

Approximate duration

Total distance

Leaflet available

Your opinion helps us to improve

You can fill out the questionnaire by scanning the QR code



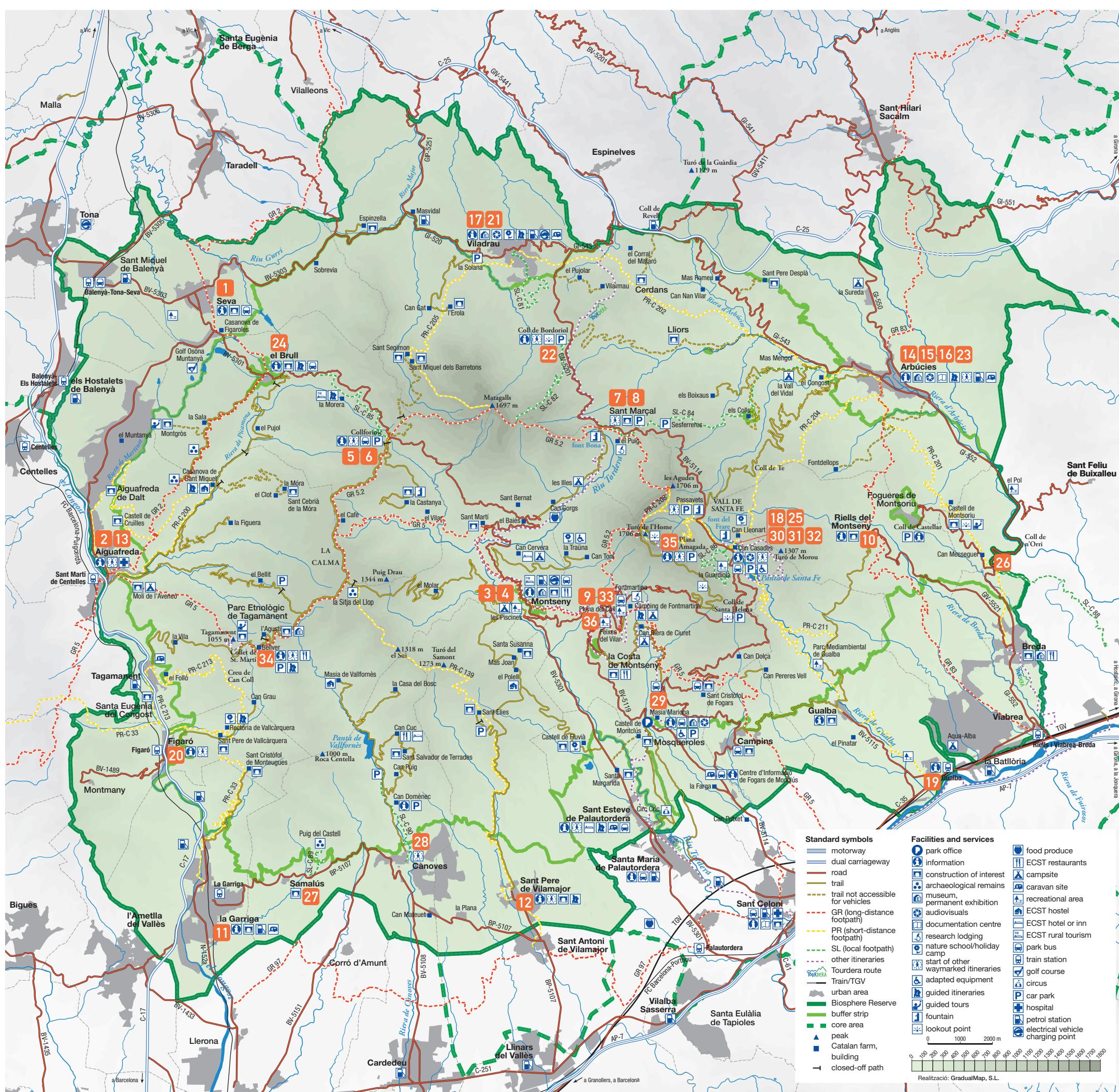
parcs.diba.cat/web/montseny

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@montseny



Parcs Naturals



Parc Natural
del Montseny
Reserva de la Biosfera

English



El Montseny Biosphere Reserve is a patchwork of Mediterranean and Central European landscapes alongside large metropolitan conurbations.

Its extraordinary biodiversity and the cultural remnants left by man over the years give it universal value, which has inspired artists, intellectuals and scientists, while captivating those who visit it.

KEY INFORMATION:

Year in which the Biosphere Reserve was created: 1978

Year in which the Special Plan was approved: 1977-1978

Surface area of the park: 31,064 ha



Xarxa de Parcs Naturals



Diputació de Girona



Useful advice for visiting the park

Good practices

The protected natural spaces are places where one can practise outdoor activities and learn about our natural and cultural heritage. Use the network of marked paths and trails.

Use of bicycles

- Respect the priority of pedestrians and avoid causing inconvenience to them.
- Adjust your speed in accordance with the type of path. On trails, the maximum speed permitted is 30 km/h.
- Cycle only on roads, forest trails or paths that are more than 3 metres wide.
- For justified reasons, in certain areas of the park cycling may be restricted temporarily or permanently.

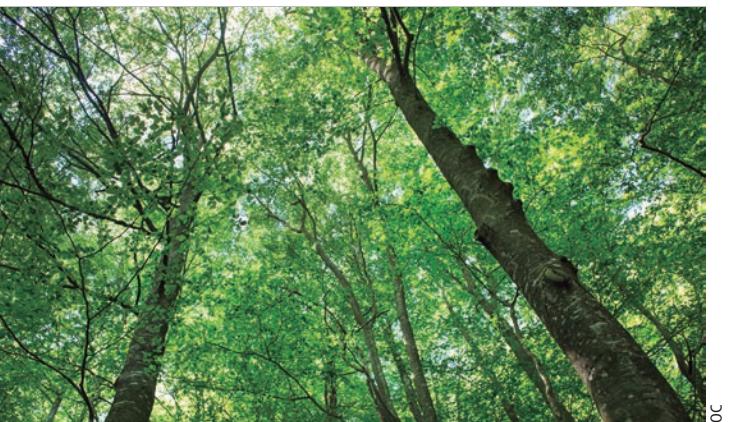
Follow advice on the use of motor vehicles.

Motor vehicles

- The use of motor vehicles is limited to public trails and travelling cross-country across firebreaks or over streams and riverbeds is not permitted.
- Remember that the maximum speed permitted on paths is 30 km/h.
- Moderate your speed in order to avoid collisions with people or wildlife.
- The noise caused by some vehicles is harmful to certain sensitive species, such as birds of prey, which may abandon their nesting areas.
- Erosion caused by skidding causes potholes and ditches to appear on the path network. Drive with moderation and restraint, particularly on slopes and when the ground is wet.
- Do not park in front of chains that cut off access to paths or on road verges.

Visit the park safely

- Plan your route and always bring a map to guide you.
- Try to always walk on trails or paths that are clearly marked or signposted.
- Bring water and food supplies and wear appropriate footwear, comfortable clothing and a coat, as well as a cap, sunglasses and sunscreen.



European Charter for Sustainable Tourism



Other recommendations

- If you are in a group, do not lose sight of your companions. Do not ever abandon or leave anybody behind.
- Strong wind can cause branches and other elements to fall. The risk of accidents may be increased on peaks and crests. Avoid open spaces during high wind conditions.
- When it is foggy it is easy to become disoriented. Do not leave the main path.
- In the event of downpours or thunderstorms, stay away from peaks, isolated trees and cave entrances. A dense and leafy forest may provide suitable refuge.
- It is the responsibility of visitors to take the waste that they have created away with them and to recycle it.
- Respect the nature and the peacefulness of the environment, especially in nesting areas. Avoid making unnecessary noise.
- Respect agricultural and stockbreeding activities, as they are the livelihood of many of the park's inhabitants.
- Forestry is a traditional activity in most of the parks. Tree felling is regulated by the Forestry Act of Catalonia and the park regulations.
- To protect native wildlife populations, it is prohibited to release pets or non-native animals that could displace them from their habitat.
- Hunting and fishing is regulated by law and is only allowed on existing hunting grounds. If you encounter a wild boar drive, you must respect the signs and not stray from the paths.
- Horse riding must be restricted to public paths and cross-country riding and riding on firebreaks or streams and riverbeds is not permitted.
- If picking mushrooms, do not damage the forest by using tools or digging into the earth.
- Chestnuts and pine cones are the food source of various animal species, as well as an economic resource for forest owners. Collect them in moderation and always with permission from the owners.
- Holly is a rare tree that provides food and shelter for many species of animals. It is protected by law and collecting any part of the tree or its flowers is an offence.

Borrowing adapted equipment

There are two adapted routes in the El Montseny Natural Park: that of the Font del Frare, at the Can Casades Information Centre, and that of Masia Mariona, at the Park Office. At the Can Casades Information Centre you will find a free loan service for adapted equipment including handbikes, third wheels to adapt the user's wheelchair, horizontal walking supports for the visually impaired and tactile materials. You can also visit: parcs.diba.cat/web/accessibilitat

If you need more information, please consult parcs.diba.cat/ca/web/turisme-sostenible-als-espais-naturals/

Getting to the park on public transport

You can reach the El Montseny Natural Park with the integrated public transport system (buses and trains) on Saturdays, Sundays and public holidays (except Christmas and New Year). There are 5 Bus Parc lines that will take you to various places in the park:

- 573 Sant Celoni - Santa Fe
- 576 Santa Maria de Palautordera - Montseny
- 436 Vic - Sant Miquel de Balenyà - Viladrau
- 484 Vic - Sant Miquel de Balenyà - Collformic
- 572 Sant Celoni - Fontmartina. Transport on demand.

Consult timetables and fares at: parcs.diba.cat/busparc

Information points and centres

PARK OFFICE

Masia Mariona
Ctra. BV-5119, km 2,5, Mosqueroles
Permanent exhibition: *Univers patxot*
Tel.: +34 938 475 102 / p.montseny@diba.cat

INFORMATION POINTS

Can Casades Information Centre
Ctra. BV-5114, km 21, Santa Fe de Montseny, Fogars de Montclús. Permanent exhibition: *El Montseny, Reserva de la Biosfera. Audiovisuals: Les quatre estacions al Montseny i el Montseny*. Tel.: +34 938 475 113

Fogars de Montclús Information Centre
Ctra. BV-5114, km 4, Fogars de Montclús. Permanent exhibition: *El Montseny és una muntanya*. Tel.: +34 938 475 290

El Molí de Ca l'Antic Information Point
Molí de Ca l'Antic, C. Major, s/n, Figaró. Tel.: +34 618 130 668

La Mongia Information Point
C. Església, 3, Sant Pere de Vilamajor. Tel.: +34 938 610 418

Riells del Montseny Information Point
Ctra. GIV-5521, km 6,6, Riells i Viabrea.

La Rectoria del Brull Information Centre
El Brull. Guided tours of the Iberian fortification of El Montgròs. Permanent exhibition: *Fortificació ibèrica del Turó de Montgròs*. Tel.: +34 938 840 692

Sant Esteve de Palautordera Information Centre
Ctra. de Montseny, on the corner of Carrer Àngel Guimerà, Sant Esteve de Palautordera. Tel.: +34 938 473 136

La Garriga Visitor Centre
Ctra. Nova, 46, La Garriga. Tel.: +34 610 477 823

La Guardiola Recreational Area
Ctra. BV-5114 from Sant Celoni to Viladrau, km 20,2, Santa Fe de Montseny, Fogars de Montclús.

La Plana del Coll Recreational Area
Ctra. de Sant Celoni to the Turó de l'Home hill km 10,8, Fogars de Montclús.

Les Feixes del Vilar Recreational Area
Ctra. de la Costa del Montseny in Fontmartina, km 8,5, Fogars de Montclús.

Main opening hours: Saturdays, Sundays and holidays, from 9 a.m. to 2 p.m.
Check specific schedules:

Information Point in the Espai Montseny
C. Migdia, 1, Viladrau. Audiovisuals: *Espai temàtic de Banderols* and *Espai temàtic de Bruixes*. Permanent exhibition: *Espai Montseny*. Tel.: +34 938 848 035

Sant Celoni Tourist Office Information Point
Can Ramis. Plaça de la Vila, 24, Sant Celoni. Tel.: +34 938 670 171

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