

Signposted itineraries

These routes are designed to reveal the richness of the natural and cultural heritage of different locations in the park and are usually adapted for families.

Routes marked with an asterisk (*) are circular routes that lead back to the starting point.

Linear routes may be done in both directions.

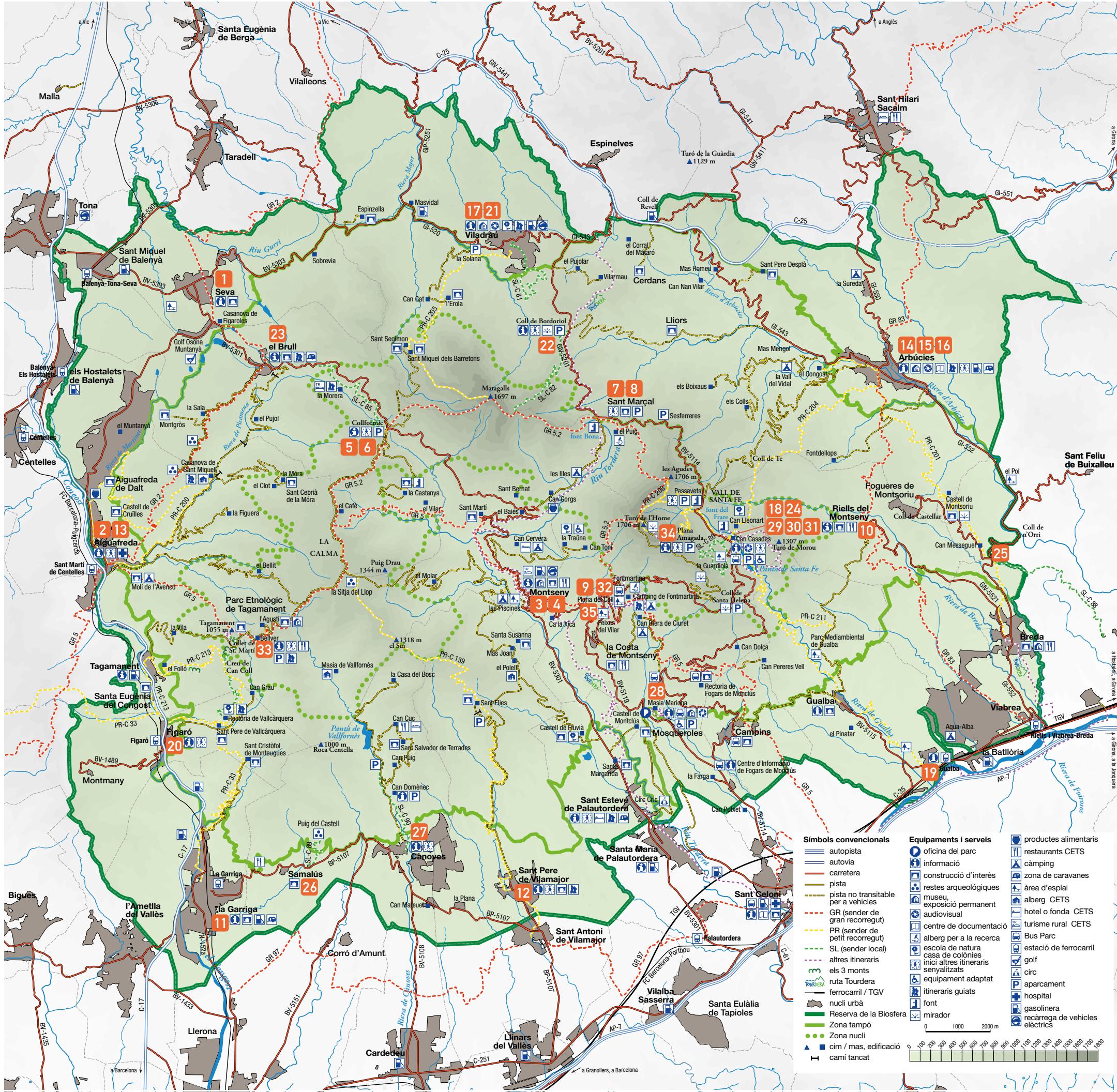
1			3 hrs 53 min	A>B	14 km
GR 2	La Jonquera - Aiguafreda. Section 10. Seva - El Brull - Aiguafreda		6 hrs 30 min	A>B	18 km
PR-C 139	El Pi Novell trail. From Sant Pere de Vilamajor to Sant Elies		1 hrs 30 min	A>B	7.1 km
SL-C 85	From El Brull to Collformic				
Starting point:	La Rectoria del Brull Information Centre				
2			3 hrs 23 min	A>B	11.3 km
GR 5	Els Miradors trail Section 9. From Aiguafreda to the Pla de la Calma plain				
PR-C 200	Aiguafreda de Dalt*		4 hrs 30 min	A>B	16.1 km
Starting point:	Aiguafreda Information Point				
3			3 hrs 13 min	A>B	11.2 km
GR 5	Els Miradors trail Section 9. From the Pla de la Calma plain to El Montseny				
PR-C 201	From Arbúcies to Montsoriu castle				
Starting point:	Ethnological Museum of Montseny La Gabella				
4			4 hrs 36 min	A>B	16 km
GR 5	Els Miradors trail Section 10. From El Montseny to Campins				
Starting point:	El Montseny Information Centre				
5			1 hrs 6 min	A>B	4.1 km
GR 5.2	The peaks of El Montseny From the Pla de la Calma plain to Collformic				
Starting point:	Collformic car park				
6			1 hrs 30 min	A>B	3.6 km
GR 5.2	The peaks of El Montseny From Collformic to Matagalls				
Starting point:	Matagalls car park				
7			1 hrs 9 min	A>B	4.1 km
GR 5.2	The peaks of El Montseny Matagalls - Pregon hill - Sant Marçal				
Starting point:	Sant Marçal car park				
8			2 hrs 17 min	A>B	7.2 km
GR 5.2	The peaks of El Montseny Matagalls - Sant Marçal - Les Agudes - Turó de l'Home hill				
Starting point:	Sant Marçal car park				
9			1 hrs 13 min	A>B	4.4 km
GR 5.2	The peaks of El Montseny Turó de l'Home hill - La Plana del Coll plain				
Starting point:	La Plana del Coll Recreational Area				
10			5 hrs	A>B	17.6 km
GR 83	Cami del Nord o del Canigó path From Riells to Arbúcies				
Starting point:	Sant Martí de Riells				
11			3 hrs 45 min	A>B	11.7 km
PR-C 33	La Garriga trail From La Garriga to Figaró				
Starting point:	La Garriga Visitor Centre				
The distances of the itineraries have been calculated with the goolTracking platform and may vary significantly if other measuring systems are used.					
GR: a long-distance trail of over 50 km, waymarked with white and red markings					
PR: a short-distance trail of between 10 and 50 km, waymarked with white and yellow markings					
SL: a local trail of less than 10 km, waymarked with white and green markings					
0	Itinerary				
	Low difficulty				
	Moderate difficulty				
	High difficulty				
	Approximate duration				
	Total distance				
	Leaflet available				



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Parc Natural del Montseny Reserva de la Biosfera



El Montseny Biosphere Reserve is a patchwork of Mediterranean and Central European landscapes alongside large metropolitan conurbations.

Its extraordinary biodiversity and the cultural remnants left by man over the years give it universal value, which has inspired artists, intellectuals and scientists, while captivating those who visit it.

KEY INFORMATION:

Year in which the Biosphere Reserve was created: 1978

Year in which the Special Plan was approved: 1977-1978

Surface area of the park: 31,064 ha



Diputació de Girona
Xarxa de Parcs Naturals
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Parc Natural del Montseny

Reserva de la Biosfera



Useful advice for visiting the park

Good practices

The protected natural spaces are places where one can practise outdoor activities and learn about our natural and cultural heritage. Use the network of marked paths and trails.

Use of bicycles

- Respect the priority of pedestrians and avoid causing inconvenience to them.
- Adjust your speed in accordance with the type of path. On trails, the maximum speed permitted is 30 km/h.
- Cycle only on roads, forest trails or paths that are more than 3 metres wide.
- For justified reasons, in certain areas of the park, cycling may be restricted temporarily or permanently.

Follow advice on the use of motor vehicles.

Motor vehicles

- The use of motor vehicles is limited to public trails and travelling cross-country, across firebreaks or over streams and riverbeds is not permitted.
- Remember that the maximum speed permitted on paths is 30 km/h.
- Moderate your speed in order to avoid collisions with people or wildlife.
- The noise caused by some vehicles is harmful to certain sensitive species, such as birds of prey, which may abandon their nesting areas.
- Erosion caused by skidding causes potholes and ditches to appear on the path network. Drive with moderation and restraint, particularly on slopes and when the ground is wet.
- Do not park in front of chains that cut off access to paths or on road verges.

Visit the park safely

- Plan your route and always bring a map to guide you.
- Try to always walk on trails or paths that are clearly marked or signposted.
- Bring water and food supplies and wear appropriate footwear, comfortable clothes and a coat, as well as a cap, sunglasses and sunscreen.

- If you are in a group, do not lose visual contact with your companions. Do not ever abandon or leave anybody behind.

- Strong wind can cause branches and other elements to fall. The risk of accidents may be increased on peaks and crests. Avoid open spaces during high wind conditions.
- When it is foggy it is easy to become disoriented. Do not leave the main path.
- In the event of downpours or thunderstorms, stay away from peaks, isolated trees and cave entrances. A dense and leafy forest may provide suitable refuge.

What you should do with litter

- It is the responsibility of visitors to take the waste that they have created away with them and to recycle it.

How to help prevent fires

- It is not permitted to light fires or barbecues outside authorised areas.
- Exercise caution with anything that could cause fires, such as cigarettes, driving/motorcycling or dropping litter.
- Raise the alarm if you detect any suspicious smoke. Call 112.

Pets

- Pet owners are responsible for their behaviour not disturbing the activity or inhabitants of the park or other visitors.
- Keep your dog on a lead. You must take special care with regard to the behaviour of your dog or other pets, particularly when you are close to people, farmhouses or flocks.
- Clean up animal excrement, particularly in areas with a high number of visitors.
- Never abandon pets; such negligence is classified as an offence. Animals can become aggressive, as well as being harmful to natural ecosystems.
- In addition to being kept on a lead, dangerous dogs must also wear a muzzle. By dangerous dog we mean that which is classified as such in law, but also any dog that behaves aggressively.

Other recommendations

- If there is a risk of snow or if it has snowed, check road and trail conditions on the park's website. Drive cautiously, respect the signals and signs of guards and wardens.

- Free camping in any form is not permitted, including motor homes. Camping is only permitted in authorised areas.

- Human presence and activity have left behind a host of architecture and art over the years. This rich cultural heritage must be respected.

- Respect the nature and the peacefulness of the environment, especially in nesting areas. Avoid making unnecessary noise.

- Respect agricultural and stockbreeding activities, as they are the livelihood of many of the park's inhabitants.

- Forestry is a traditional activity in most of the parks. Tree felling is regulated by the Forestry Act of Catalonia and the park regulations.

- To protect native wildlife populations, it is prohibited to release pets or non-native animals that could displace them from their habitat.

- Hunting and fishing is regulated by law and is only allowed on existing hunting grounds. If you encounter a wild boar drive, you must respect the signs and not stray from the paths.

- Horse riding must be restricted to public paths and cross-country riding and riding on firebreaks or streams and riverbeds is not permitted.

- If picking mushrooms, do not damage the forest by using tools or digging into the earth.

- Chestnuts and pine cones are the food source of various animal species, as well as an economic resource for forest owners. Collect them in moderation and always with permission from the owners.

- Holly is a rare tree that provides food and shelter for many species of animals. It is protected by law and collecting any part of the tree or its flowers is an offence.

Environmental education companies

- ADEM. Ctra. de Montseny, on the corner with C. de Àngel Guimerà, s/n, Sant Esteve de Palautordera. Tel.: +34 938 482 008 | +34 661 959 737 / info@ademc-montseny.cat

- APRÈN. L'Estatí, s/n, 08590, Figaró-Montmany. Tel.: +34 938 429 361 | +34 654 215 286 / apren@apren.cat

- EduCA Viladrau. Pg. Farigoles, 3 bis, Viladrau. Tel.: +34 619 369 081 | +34 670 224 649 / edca@educaviladrau.com

- ViladrauEducació. C. Pare Claret, 9, 17406, Viladrau. Tel.: +34 938 849 131 | +34 651 496 586 / santamarita@viladraueducacio.com

Agricultural activities

- Salgot Organic Farm. Carretera d'Aiguafreda de Dalt, s/n, 08022, Aiguafreda. Tel.: +34 938 515 158 / visites@salgot.com

Getting to the park on public transport

You can reach the El Montseny Natural Park with the integrated public transport system (buses and trains) on Saturdays, Sundays and public holidays (except Christmas and New Year). Buses depart from the Sant Celoni Renfe train station for the Santa Fe valley and Fontmartina, stopping at various stations. Consult timetables and fares at: [parques.diba.cat/busparc](#)

Information points and centres



European Charter for Sustainable Tourism

Sant Celoni Tourist Office Information Point
Masia Mariona
Ctra. BV-5119, km 2.5, Mosqueroles
Permanent exhibition: *L'Univers patxot*
Tel.: +34 938 475 102 / p.montseny@diba.cat

Aiguafreda Information Point
Can Casades Information Centre
Ctra. BV-5114, km 21, Santa Fe de Montseny, Fogars de Montclús. Permanent exhibition: *El Montseny, Reserva de la Biosfera Audiovisuals: Les quatre estacions al Montseny i L'Home i el Montseny* Tel.: +34 938 475 113

Cànoves i Samalús Information Point
Avda. Josep Crous, s/n, Cànoves i Samalús.
Tel.: +34 938 710 518

Gualba Information Point
Renfe train station, La Batllòria.
Tel.: +34 630 876 189

Gualba Information Point in Can Figueres
Masia Can Figueres, Camí del RACC, 2.
Tel.: +34 937 440 481

El Molí de Ca l'Antic Information Point
Molí de Ca l'Antic, C. Major, s/n, Figaró.
Tel.: +34 618 130 668

Riells del Montseny Information Point
Ctra. GIV-5521, km 6.6, Riells i Viabrea.

La Mongia Information Centre
C. Església, 3, Sant Pere de Vilamajor.
Tel.: +34 938 610 418

La Rectoria del Brull Information Centre
El Brull. Guided tours of the Iberian fortification of El Montgròs. Permanent exhibition: *Fortificació ibèrica del Turó de Montgròs*
Tel.: +34 938 482 692

Sant Esteve de Palautordera Information Centre
Ctra. de Montseny, on the corner of Carrer Àngel Guimerà, Sant Esteve de Palautordera.
Tel.: +34 937 445 046

El Polell hostel
Sant Esteve de Palautordera to El Montseny trail. Sant Pere de Vilamajor.
Tel.: +34 717 713 119 | +34 931 033 051

La Guardiola Recreational Area
Ctra. BV-5114 from Sant Celoni to Viladrau, km 20.2, Santa Fe de Montseny, Fogars de Montclús.

La Plana del Coll Recreational Area
Ctra. de Sant Celoni to the Turó de l'Home hill km 8.0, Fogars de Montclús.

Tagamanent Ethnological Park L'Agustí House Museum El Bellver Information Point
On the road that leads to the summit of Tagamanent hill and the Pala de la Calma plain. Permanent exhibition: *La ruta dels 3 munts*
Guided tours of Montoriol castle Tel.: +34 972 860 908

Les Feixes del Vilar Recreational Area
Ctra. de la Costa del Montseny in Fontmartina, km 8.5, Fogars de Montclús.

Fontmartina Camping
Ctra. de Sant Celoni to the Turó de l'Home hill km 10 Fogars de Montclús.
Tel.: +34 938 475 163 | +34 627 678 462

Consult opening hours at <http://parcs.diba.cat/web/Montnegre>

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