Signposted itineraries

These are circular routes that return to the starting point, except routes marked with an asterisk (*). The routes are designed to reveal the richness of the natural and cultural heritage of different places within the park and are usually adapted for families.

1 hr 15 min A>B 3.9 km GR-2 La Jonquera-Aiguafreda. From Sant Julià de Vilatorta to Sant

Llorenc del Munt*

Starting point: Les Set Fonts de Sant Julià de

2 hrs 30 min A>B 8 km

GR-2 La Jonquera-Aiguafreda. From Vilanova de Sau to Sant Llorenc

Starting point: Office of the Natural Area of

3 - 50 min GR-151 El Bisbe i Abat Oliba trails. From Sant Julià de Vilatorta

to Folgueroles* Starting point: Les Set Fonts de Sant Julià de Vilatorta Park or Folgueroles Information

GR-151 El Bisbe i Abat Oliba trails. From Folgueroles to Casserres*

Starting point: Folgueroles Information

5 2 hrs 50 min A→B 11 km GR-151 El Bisbe i Abat Oliba trails. From Casserres to Vilanova de Sau*

Starting point: Els Vernets de Ca la Marta

6 2 hrs 30 min A>B 9.6 km GR-151 El Bisbe i Abat Oliba trails.

From Vilanova de Sau to Tavertet* Starting point: Els Vernets de

7 1 hr 10 min A>B 4.1 km SL-C 121 Malafogassa bridge*

Starting point: Els Vernets de Ca la Marta Recreational Area or El Pont campsite

8 3 hrs

SL-C 122 Far hill

Starting point: Els Vernets de

SL-C 123 El Casol de Puigcastellet

Starting point: Folgueroles Information Centre.

10 - S 30 min Can Mateu

> Starting point: Sau Nature School, Can Mateu Bookings must be made in advance for the Sau Nature School

11 💽 💮 30 min Bellpuig castle

Starting point: Les Set Fonts Park.

12 → 345 min A→B 2.2 km Lledoner torrent

Starting point: Folgueroles Information

13 → 1 hr 20 min A→B 4.4 km La Riera spring

Starting point: Les Set Fonts Park.

14 → ○ 1 hr 30 min A→B 5.5 km Starting point: Les Set Fonts Park.

15 → 1 hr 20 min A→B 5.3 km The farmhouse route

Starting point: Els Vernets de Ca la Marta Recreational Area.

16 → ○ 1 hr 40 min A→B 6 km Sant Feliuet de Savassona

Starting point: Sant Esteve church.

Verdaguer trails Starting point: Folgueroles Information Centre or Tavèrnoles Information Centre.

18 → ⊙ 30 min A→B 1.2 km

La Domus del Pi Starting point: Sau Reservoir Recreational

19 → 1 hr 30 min A→B 3.5 km

The charcoal kiln route Starting point: Sau Reservoir Recreational

Les Guilleries-Savassona

20 - 30 min A>B 0.9 km La Polleda torrent

Starting point: Office of the Natural Area of

Other trails that go through the park are the GR-2, the GR-151, the GR-178, the GR-210 and

A→B 7.8 km

the PR-C 40, together with the variants PR-C 40.1 and PR-C 40.2. The distances of the itineraries have been calculated with the GoolTracking platform and may

vary significantly if other measuring systems are used. GR: a long-distance trail of over 50 km, waymarked with white and red markings PR: a short-distance trail of between 10 and 50 km, waymarked with white and yellow markings SL: a local trail of less than 10 km, waymarked with white and green markings

Low difficulty

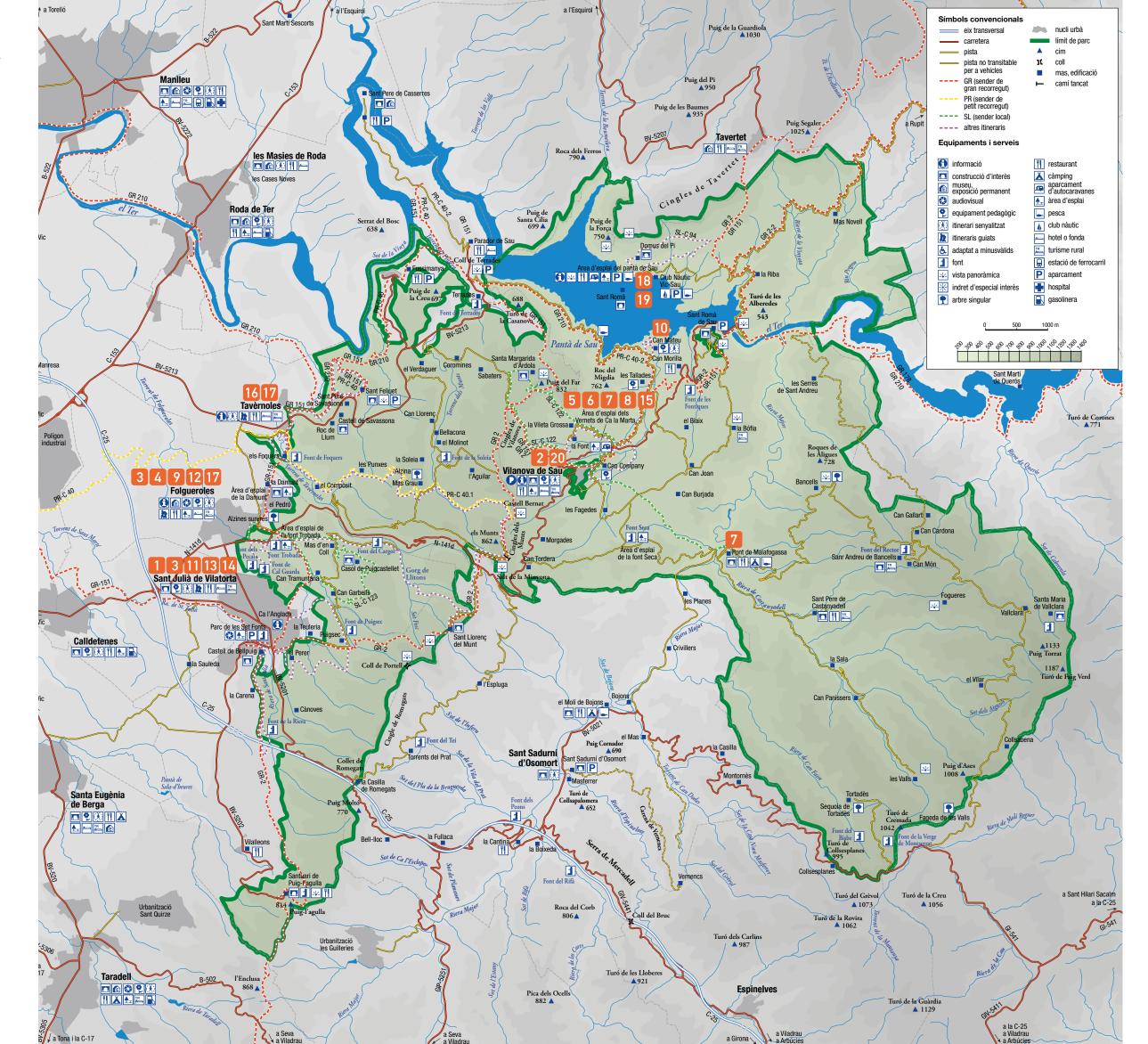
A→B Total distance Moderate difficulty











Natural Area of Les

Guilleries-Savassona



All the colours of nature. The area's character is formed by a landscape dominated by Central European and Mediterranean forests, which stands out due to the presence of bare rock cliffs. Traces of human existence are seen in the important historicalarchitectural heritage, in the many traditional activities that are still performed today, and in the dominance of the reservoir that flooded the village of Sant Romà de Sau changing the area's landscape.

KEY INFORMATION

Year in which the park committee was established: 1998 Year in which the Special Plan was approved: 2004 Supervisory body: Office of the Natural Area of Les Guilleries-Savassona. Institutions that form the park committee: The Provincial Council of Barcelona and the town councils of Folgueroles, Sant Julià de Vilatorta, Tavèrnoles, Vilanova de Sau and Sant Sadurní d'Osormort. Surface area of the park: 8,376 ha

Parcs de Catalunya

Xarxa de Parcs Naturals de la Diputació de Barcelona

Parc del Castell de Montesquiu, Espai Natural de les Guilleries-Savassona, Parc Natural del Montseny, Parc Natural de Sant Llorenç del Munt i l'Obac, Parc del Montnegre i el Corredor, Parc de la Serralada Litoral, Parc de la Serralada de Marina, Parc Natural de la Serra de Collserola, Parc Agrari del Baix Llobregat, Parc del Garraf, Parc d'Olèrdola, Parc del Foix.



Gerència de Serveis d'Espais Naturals

Comte d'Urgell 187. 08036 Barcelona Tel.: (+34) 934 022 428 xarxaparcs@diba.cat · parcs.diba.cat

Natural area of Les Guilleries-Savassona











Useful advice for visiting the park

Good practices

The protected natural spaces are places where one can practise outdoor activities and learn about our natural and cultural heritage. Use the network of marked paths and trails.

Use of bicvcles

- Respect the priority of pedestrians and avoid causing inconvenience
- Adjust your speed in accordance with the type of path. On trails, the maximum speed permitted is 20 km/h.
- Cycle only on roads, forest trails or paths that are more than three metres wide.
- For justified reasons, in certain areas of the park cycling may be restricted temporarily or permanently.

Follow advice on the use of motor vehicles.

Motor vehicles

- The use of motor vehicles is limited to public trails; travelling cross-country, across firebreaks or over streams and riverbeds is not
- Remember that the maximum speed permitted on paths is 30 km/h.
- Moderate your speed in order to avoid collisions with people or
- The noise caused by some vehicles is harmful to certain sensitive species, such as birds of prey, which may abandon their nesting areas.
- Erosion caused by skidding causes potholes and ditches to appear on the path network. Drive with moderation and restraint, particularly on slopes and when the ground is wet.
- Do not park in front of chains that cut off access to paths or on road

Visit the park safely

- Plan your route and always bring a map to guide you.
- Try to always walk on trails or paths that are clearly marked or signposted.
- Bring water and food supplies and wear appropriate footwear, comfortable clothing and a coat, as well as a cap, sunglasses and sunscreen.

- If you are in a group, do not lose sight of your companions. Do not ever abandon or leave anybody behind.
- Strong wind can cause branches and other elements to fall. The risk of accidents may be increased on peaks and crests. Avoid open spaces during high wind conditions.
- When it is foggy it is easy to become disoriented; do not leave the main
- In the event of downpours or thunderstorms, stay away from peaks, isolated trees and cave entrances. A dense and leafy forest may provide suitable refuge.

What to do with litter

• It is the responsibility of visitors to take the waste that they have created away with them and to recycle it.

How to help prevent fires

- It is prohibited to light fires or barbecues outside authorised areas.
- Exercise caution with anything that could cause fires, such as cigarettes, driving/motorcycling or dropping litter.
- Raise the alarm if you detect any suspicious smoke. Call 112.

Pets

- Pet owners are responsible for their behaviour not disturbing the activity or inhabitants of the park or other visitors.
- Keep your dog on a lead. You must take special care with regard to the behaviour of your dog or other pets, particularly when you are close to people, farmhouses or flocks.
- Clean up animal excrement, particularly in areas with a high number of
- Never abandon pets; such negligence is classified as an offence. Animals can become aggressive, as well as being harmful to natural ecosystems.
- In addition to being kept on a lead, dangerous dogs must also wear a muzzle. By dangerous dog we mean that which is classified as such in law, but also any dog that behaves aggressively.

Other recommendations

- If there is a risk of snow or if it has snowed, check road and trail conditions on the park's website. Drive cautiously, respect the signals and signs of guards and wardens.
- Free camping in any form is not permitted, including motor homes.
- Human presence and activity have left behind a host of architecture and art over the years. This rich cultural heritage must be respected.
- Respect the nature and the peacefulness of the environment. Avoid
- Respect agricultural and stockbreeding activities, since they provide the livelihood of many of the park's inhabitants.
- Logging is a traditional activity in most of the parks. Tree felling is regulated by the Forestry Act of Catalonia and park regulations.
- To protect native wildlife populations, it is prohibited to release pets or non-native animals that could displace them from their
- Hunting is regulated by law and is only allowed in existing hunting grounds. If you encounter a wild boar drive, you must respect the signs and not stray from the paths.
- Horse riding must be restricted to public paths; cross-country riding and riding on firebreaks or streams and riverbeds is not permitted.
- If picking mushrooms, do not damage the forest by using tools or digging into the earth digging into the earth.
- Chestnuts and pine cones are the food source of various animal species, as well as an economic resource for forest owners. Collect them in moderation and always with permission from the owners.
- Holly is a rare tree that provides food and shelter for many species of animals. It is protected by law and collecting any part of the tree or its flowers is an offence.

Borrowing adapted equipment

At the Sau Nature School, Can Mateu, there is a hire service for adapted equipment including handbikes and third wheels for adapting the user's wheelchair, as well as different educational materials and braille texts for public use. Bookings must be made in advance. Telephone customer service: weekdays, from 9 a.m. to 2 p.m. and from 4 p.m. to 6 p.m. Tel. (+34) 934 747 474. A hire form must be filled out.

Characteristics

Prehistoric sites

The Savassona plain is an area of special interest due to its architectural and archaeological heritage. It is home to the engraved stones of Savassona, declared a Cultural Heritage Site and an Archaeological Site by the Government of Catalonia, as well as the Pedra del Dau and Pedra del Sacrifici sites.

The Iberian settlement of Casol de Puigcastellet (3RD century B.C.)

This Iberian settlement dating from the $3\mbox{RD}$ century B.C. and built by the Ausetani tribe had a highly defensive function and was responsible for monitoring the Ter river corridor towards the region of Girona.

Medieval architecture

Of particular note is La Domus del Pi (10TH century), Malafogassa bridge (15TH century), El Molí de Bojons bridge, Sant Llorenç del Munt castle (12тн century) and the hermitages of Sant Feliuet de Savassona (10тн-16тн centuries), Sant Andreu de Bancells (12тн century), Santa Maria de Vallclara (12TH century), Sant Romà de Sau (11TH century) and Sant Sadurní d'Osormort (12_{TH} century).

Springs

The abundance of water in the Natural Area of Les Guilleries-Savassona is exemplified by the high number of springs that still remain, many of which act as places for leisure and excursions. Of particular note are Trobada spring, Cal Guarda spring, Els Peons spring, Foquers spring, El Cargol spring, El Rector spring, El Raig spring, Les Fontiques spring, Sec spring, Terrades spring, El Bisbe spring, Rifà spring, Puigsec spring, Puig-l'Agulla spring and La Riera spring, among others.

Ecosystems

In the Natural Area of Les Guilleries-Savassona visitors can enjoy a range of different environments including mountainous and coastal oak groves, downy oak forests with box trees, Scots pine groves, beech forests, riparian vegetation and wet environments – with species such as alders, willows, poplars, hazelnut trees and Montpelier maples – fir and chestnut tree plantations, vegetation typical of rocky environments, crop fields, open scrublands and the area surrounding the Sau reservoir.

Geological features

From a geological perspective, of particular note are the cliffs of Vilanova de Sau and Tavertet, Romegats hill and the adret of Les Valls.

1 Information points and centres

PARK OFFICE

Office of the Natural Area of Les Guilleries-Savassona. Carrer de les Guilleries, 5 08519 Vilanova de Sau Tel. (+34) 938 847 888 Opening hours: Monday to Friday, from 9 a.m. to 2 p.m.

INFORMATION POINTS

Folgueroles Information Centre Pl. Verdaguer, 2 08519 Folgueroles Tel. (+34) 938 122 329 / (+34) 938 122 054 Opening hours: Tuesday to Friday, from 10 a.m. to 2 p.m; and Saturdays and Sundays, from 10.30 a.m. to 2 p.m. Permanent exhibition: Descobrir l'Espai Natural de les Guilleries-Savassona

Sant Julià de Vilatorta Information Centre

Edifici Ca l'Anglada Plaça Major, 7 08504 Sant Julià de Vilatorta Tel. (+34) 938 122 786 Opening hours: Mondays, Tuesdays, Wednesdays, Fridays and Sundays, from 10 a.m. to 1 p.m.; Saturdays, from 9 a.m. to 1 p.m. Permanent exhibition: Els usos de l'aigua

Tavèrnoles Information Centre Carrer Montseny, 2

08519 Tavèrnoles Tel. (+34) 938 122 036 Opening hours: Fridays, Saturdays, Sundays and public holidays, from 10 a.m. to 3 p.m Check for weekday opening hours. Permanent exhibition: Guilleries-Savassona a gran escala

Vilanova de Sau Information Centre

Sau dam Ctra. N-141d, km 20 08519 Vilanova de Sau Tel (+34) 620 131 211 Opening hours: from March to December, Saturdays and Sundays, from 10 a.m. to

Sau Reservoir Recreational Area Information Point

Camí del Club Nàutic Vic-Sau 08519 Vilanova de Sau Tel. (+34) 937 430 426 Winter opening hours: from 12 September to 30 June. Saturdays, Sundays, public holidays and long weekends, from 10 a.m. to 3 p.m. Summer opening hours: from 1 July to 11 September. Closed on Wednesdays; Monday to Sunday, from 10 a.m. to 7 p.m.

holidays falling on Mondays, from 10 a.m. to

1.30 p.m.; Tuesdays, from 5 p.m. to 7 p.m.;

Saturdays, from 1 April to 1 November, from 5

. Permanent exhibition: *Paisatges traçats per*

Sau Nature School, Can Mateu Camí del Parador, s/n

08519 Vilanova de Sau Tel. (+34) 934 744 678 / (+34) 934 747 474 Verdaguer House-Museum Carrer Major, 7.

08519 Folgueroles

Tel. (+34) 938 122 157 Opening hours: Tuesday to Sunday and public

La Font Trobada Recreational Area

Ctra. N-141-D, km 6, Folgueroles Els Vernets de Ca la Marta Recreational

RECREATIONAL AREAS

Ctra. N-141-D, km 15.5. Vilanova de Sau

Sau Reservoir Recreational Area

Camí del Club Nàutic Vic-Sau

Les Set Fonts Park Recreational Area (municipal facilities) Les Set Fonts Park. Sant Julià de Vilatorta

La Damunt Recreational Area (municipal

Trail from Folgueroles to Tavèrnoles. Folgueroles

La Font Seca Recreational Area (municipal facilities) Trail from Can Tordera to Malafogassa bridge.

Vilanova de Sau

Consult opening hours at http://parcs.diba.cat/web/guilleries

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