The **Tenes Waterfall 1** falls from Fitó Cliff and measures 300 metres. Behind the spectacular water curtain, a gallery with stalactites and stalagmites opens up, allowing us to watch the water fall in front of us.



Past the Tenes Waterfall the road begins that leads to **Sant Martí Chapel** (3), the first records of which date back to the year 877. The chapel that remains today is a Romanesque construction dating from between the mid-12th and the 13th centuries. It has a single nave with a pointed barrel vault, semicircular apse and a gabled roof. It conserves the remains of a bell tower and on the altar there is a reproduction of original paintings in the early linear Gothic style.

On the road there is the **old entrance gate** to the priory enclosure, before Rossinyol Bridge and the Foradada Pass **2**2.

Barcelona Provincial Council acquired the land to ensure its preservation and to bring its heritage closer to all members of the public following a model of sustainable tourism.

A few metres below the chapel, we find **Tosques Cave** (also known as the Cave of the Good Shepherd or Sant Martí), the oldest and most famous of the Sant Miquel del Fai caves. It has a cumulative drop of 22 metres and is 120 metres long. It formed inside soft rocks and, as these rocks are easy to cut, it has been heavily modified (stairways, galleries, chambers...).





Natural Park Network



Park website



112 emergències

The Barcelona Provincial Council Natural Park Network

Castell de Montesquiu Park, Les Guilleries-Savassona Natural Area, El Montseny Natural Park, Sant Miquel del Fai, Sant Llorenç del Munt i l'Obac Natural Park, El Montnegre i el Corredor Park, Serralada Litoral Park, Serralada de Marina Park, El Besòs River Park, Serra de Collserola Natural Park, El Baix Llobregat Agrarian Park, El Garraf Park, Olèrdola Park and El Foix Park.

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Welcome to Sant Miquel del Fai



Xarxa de Parcs Naturals

Sant Miquel del Fai is a unique place of great ecological, scenic, architectural and historical value.

Rossinyol Bridge ①, in Romanesque style, welcomes you to the highest point of the Sant Miquel Valley and invites you to enjoy the magic of the water, the power of the rocks and the works of our ancestors.



Once you have crossed Rossinyol Bridge, you will find the **Foradada Pass 2**, a natural pass between rocky walls. In 1592, an arch was built as a gateway to the monastery of Sant Miquel del Fai.

Next comes the **fortified gateway 3**, set into the rock walls, which welcomes visitors attracted by the channels that carry the water filtering down from the mountains.

The rocks support the Priory House 4, a Gothic style structure built in the late 16th to early 17th century.

Crags and caves: a spectacle of rock and water ⑤. Crags are vertical walls of sedimentary rock. Caves are natural cavities opened by the erosive effect of water.

Sant Miquel Church is Romanesque, dating from the end of the 10th century. It is a troglodytic construction built inside a cave. Its rock ceiling envelops you in a beautiful, still atmosphere.



Near the Priory House, when the rains are heavy, the river water plummets from the Bertí Cliffs and forms a sensational waterfall known as the **Rossinyol Waterfall** ?

Below is **Sant Miquel Cave (3)**, Dark Cave or Dragon Cave, a large cave about 50 to 60 metres long created from calcareous tufa (calcium carbonate precipitated in water at room temperature).

Would you like to sit down for a while and chill? **Plaça del Re- pòs 9** is a good option. The bronze statue of Josep Pla resting
on a stone bench is the work of Tomàs Atienza.

Nearby, half hidden under the rock, shines **Monges Lake**to, a small pool of crystal-clear water. You have to get quite close and bend down to see it.

